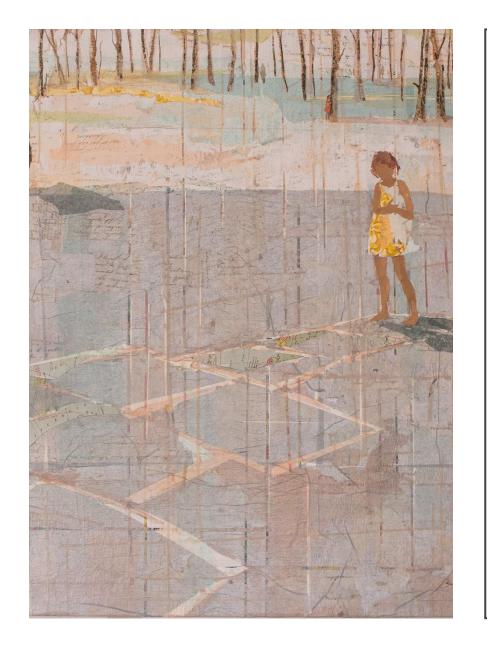
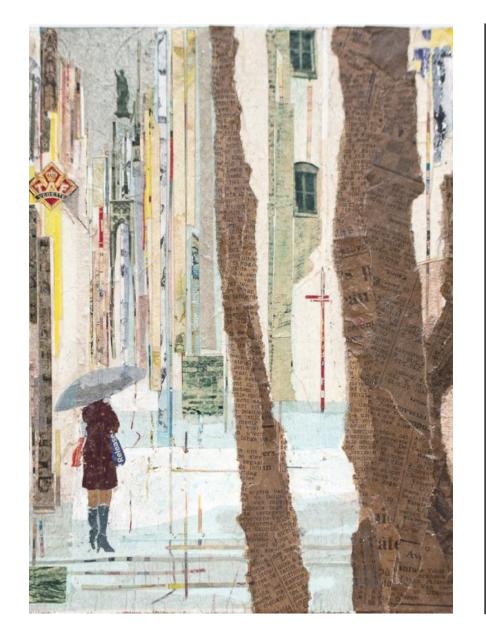


**5th INTERNATIONAL FJC CONFERENCE** 



### It takes courage to be hopefull





### It takes courage to help





# Introduction of ourselves

Melanie De Roose Anna Defossez

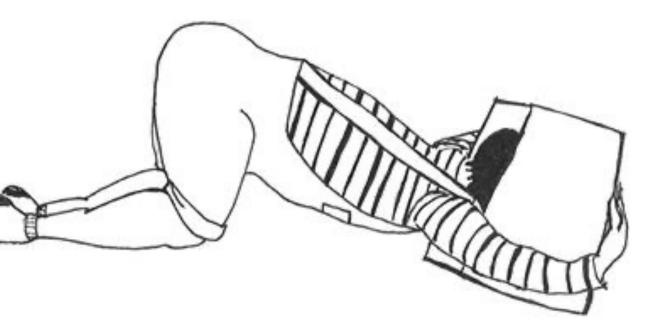
## Melanie De Roose



### Anna Defossez











#### Your inner power to break silence







#### Pitfalls



#### Message to take home

